

# Wheel Talk from the Executive Director

Dear members,

Happy New Year, and welcome to 2026!

In the new year, we're preparing to launch our next strategic plan, a blueprint for advancing our vision of a more liveable, safer, and joyful city. To bring about change in San Francisco, we need to continue to **cultivate political power for our movement**. In this plan, we will do this in three key ways.



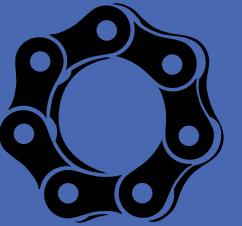
First, we must ensure that everyone across San Francisco, from all backgrounds and lived experiences, has **equitable access to biking and rolling**. We remove barriers to access primarily through our programs, such as free, multilingual education classes, managing the SF Safe Routes to School program, or distributing bikes at no cost via our Bike It Forward program. Second, we will **shape the cultural narrative** around biking and rolling as something that benefits everyone, including those who don't ride.

We do that by telling the story of streets designed for safety, with dedicated space for vulnerable road users, and how this makes everyone safer. And third, we'll **deepen engagement with our members** and the biking and rolling community, providing more meaningful opportunities for people to connect with each other and have their voices heard.

Through **these four strategic priorities**, we will bring more people into this movement and shape the progress of our streets. We know we are facing headwinds in the coming year, including a transit system that sorely needs financial support and an organized opposition to safer streets. But through these priorities, and with the support of you, our members, I know we can accelerate the change San Francisco needs.

With gratitude,  
Christopher White  
Executive Director

# TUBE TIMES



Promoting the bicycle for everyday transportation

## 2026 is the Year We Save Transit



Bay Area public transit systems are fundamental to everything we do. Public transit connects us to school, work, and each other — 70% of Bay Area residents take public transportation and almost a million transit trips are made in the Bay Area every day. Every person who takes public transportation, rides a bike or walks reduces traffic congestion and pollution. In 2026, we'll need you to volunteer and vote for two transit funding measures that will ensure life in the Bay can continue moving forward.



### What's at stake If these two transit funding measures don't pass?

#### Muni faces a roughly \$322 million deficit.

- Entire Muni lines will be eliminated
- Up to 50% service reductions on major lines
- Historic cable car service will be suspended

#### Regionally, BART and Caltrain face similar deficits.

- Full lines and weekend service will be eliminated
- Weekday service would end at 9pm
- Dozens of BART stations would close
- Caltrain service could drop to only once an hour

The fight for public transit is part of our work as biking and rolling advocates. Everything we do to reduce car dependency makes it better for us in the bike lane. If the SFMTA is forced to do huge cuts for Muni, it will threaten bicycle and pedestrian projects as well. We're making this a top priority for 2026 and we're calling on all of our members and the biking community at large to join us.

People all across the Bay are working to equitably fund transit. You can support by spreading the word, volunteering, and recruiting people to help. It's essential that everyone in San Francisco knows and understands what's at threat if we lose this fight.

Sign up to volunteer now! There are already tons of ways you can get involved.



## Quick Release

### Green Fondo Climate Ride

Pedal for a purpose this Spring at the Green Fondo, hosted by Climate Ride! Join Team SF from May 15-17 in the beautiful hills of Sonoma and Marin Counties to fundraise for SFBike and Walk SF. You can choose from a variety of distances to cover and what bike you ride. Registration is open, and spots typically sell out quickly. Find more information at [bit.ly/team-sf-climate-ride](http://bit.ly/team-sf-climate-ride) and register today!



### Hellos and Goodbyes on Staff

We recently said goodbye to Sara Brown as she moved on to a new venture, and welcomed Jerry Valencia as our new School Engagement Coordinator! Want to get your child's school involved with biking and rolling programming and education? Email [kkruse@sfbike.org](mailto:kkruse@sfbike.org) to get connected with our Safe Routes to School team!

### Bayview Community Pathway Project

In December, the SFMTA Board of Directors passed the Bayview Community Pathway Project to create a safer alternative route to Third Street for people biking, walking, rolling, and taking transit. As part of the planning process with the Bayview Community Based Transportation Plan, and in our work with the Better and Safer Streets Collaborative, we've heard community members voice their concerns about speeding, stop sign compliance, and a lack of bicycle infrastructure in the neighborhood in general, and are pleased to see the SFMTA deliver on its commitments to improve street safety in the Bayview.



San Francisco Bicycle Coalition  
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# Let's Ride Together This Year!

2026 is shaping up to be an important year for better and biking and rolling in the Bay Area — and we're excited to spend even more time with members and partners, building our coalition from the (shared) streets up! Join us for any of these social rides, events, and ongoing programs. Find details and even more fun opportunities at our website, [sfbike.org/events](http://sfbike.org/events).

See you in the bike lane!

## Black History Month Ride

FEBRUARY 28, 2026 STARTING AT 9AM  
MARTIN LUTHER KING JR. FOUNTAIN IN  
YERBA BUENA GARDENS

Celebrate Black History Month with us on a fun, accessible, and family-friendly morning bike ride and roll from the MLK fountain at the Museum of African Diaspora to the Bayview along our beautiful eastern waterfront. There will be music, art, a giveaway, and a fun time riding in community together.



## Commuter Ride: Daly City to SF State

MARCH 3, 2026 AT 8:45AM AND 10:15AM  
DALY CITY BART STATION

Want to learn how to bike from Daly City BART station to SF State? Join us for a beginner-friendly group ride from BART to campus — open to SF State students and anyone who wants to get more confident commuting across the southwestern part of the city.

## Light Up the Night Bike Ride

MARCH 5, 2026 FROM 5-8PM  
GOLDEN GATE PARK, JFK PROMENADE IN  
FRONT OF PEACOCK MEADOW

Wrap up our Light Up the Night season with a family-friendly group bike ride in Golden Gate Park! Deck your bike out in lights as we shine our way through the park — check back on our events page for more details!

## Bike to Wherever Day 2026

MAY 14, 2026, ALL DAY LONG

Mark your calendars for San Francisco's favorite biking holiday. The Bay Area Bike to Wherever Days (BTWD) started more than



30 years ago to celebrate biking as a fun commute

option, reducing reliance on cars, and promoting wellness. We'll see you out on the streets at energizer stations, in our car-free spaces, and on the promenade!

## Filipino-American History Ride

FRIDAY, OCTOBER 16, 2026 AT 4PM

Join us in celebrating Filipino-American History Month for our second annual ethno-tour on bike of San Francisco's very own Filipino cultural district, SoMa Pilipinas! This social ride will feature fascinating history stops around SoMA and end with a happy hour.



## Fifth Annual Firefighter Family Ride

SATURDAY, OCTOBER 24, 2026 AT 8:30AM

Join SFFD, SF Safe Routes to School, and the SF Bicycle Coalition for a fun, low-stress family bike ride through one of the city's most beautiful routes. Come for the ride, stay for the fire truck. It's free, it's fun, and it's one of the best ways to spend a Saturday in the city!

## POST-CRASH CHECKLIST: WHAT TO LOOK OUT FOR AFTER AN EMERGENCY ROOM VISIT

By Lucy Allen, Bay Area Bicycle Law

As bicycle crash attorneys, we spend a lot of time thinking about things we hope you never have to — like what to do in the aftermath of a collision. Advocating for yourself in a medical setting following a bike crash can help make sure you are on the quickest path to recovery.

Adrenaline can mask symptoms at first, so injuries that don't show up on routine ER imaging may not be apparent until days or weeks after the crash.

Helmets do a great job reducing severity of head

injury, but they don't prevent concussions. People riding bikes can suffer a concussion even if there's no loss of consciousness or direct head strike, if they suffered a whiplash injury. Concussions often don't show up on routine imaging like CT or MRI scans. Headaches, fatigue, sensitivity to light, and confusion are common concussion symptoms. These often resolve on their own within days or weeks, but if they persist, keep notes about your symptoms and follow up with your doctor.

Knee injuries are also underdiagnosed, especially damage to the meniscus or ligaments, as X-rays only reveal bone fractures if you have unexplained, persistent knee pain after a crash, it's a good idea to ask for an MRI or a referral to a specialist.

In the wake of a bicycle crash, proactive communication with your doctors can shorten recovery and prevent lingering issues. Trust your symptoms, even if initial tests seem normal, and advocate for follow-up care.

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Tube Times is a quarterly publication of the San Francisco Bicycle Coalition, a member-based nonprofit advocacy organization working to transform San Francisco's streets and neighborhoods into more livable and safe places by promoting the bicycle for everyday transportation.

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## Weekly: Bike It Forward Community Repair Night

EVERY TUESDAY EVENING, 5-7PM  
SFBIKE OFFICE (1720 MARKET STREET)

Got any bike mechanic skills? Help our Bike It Forward program repair donated bikes and get them ready for distribution to people who need a new ride. Check our events calendar to RSVP, as these regular Tuesday nights fill up!

## Monthly: Member Repair Night

LAST THURSDAY OF EVERY MONTH, 5-7PM  
SFBIKE OFFICE (1720 MARKET STREET)

Join us after work to wrench on your bike, learn more about bike maintenance, and meet new folks in our SFBike community! This event is exclusive to members, but you can join or renew your membership to participate.

## Monthly: Women & Nonbinary Coffee Club

FIRST FRIDAY OF EVERY MONTH, 8-9AM  
LOCATION CHANGES EACH MONTH,  
CHECK OUR WEBSITE!

Our monthly Coffee Club is a perfect place to meet new people, talk bikes, share tips and caffeinate together. If you're new to riding or interested but haven't gotten rolling yet, this is a perfect place to find riding buddies and answer some of your questions about biking in SF.

